



THE PROMISE

OSTEOPATHY'S PROMISE TO CHILDREN

EXCELLENCE IN OSTEOPATHIC
MEDICINE, CLINICAL TRAINING,
EDUCATION AND RESEARCH

As the epicenter for osteopathic practice and supports, Osteopathic Center San Diego is pleased to welcome BALF/Lyme Disease Biobank into the center. We are honored to work together to leverage our collective expertise toward empowering change in our healthcare system to better improve patient outcomes.

The new BALF/Lyme Disease Biobank site in San Diego is the 14th in the U.S. and the 2nd site in San Diego. The new site is particularly relevant and will provide valuable resources for both academics and industry researchers involved with our center both locally and around the US. The BALF/Lyme Disease Biobank program will dramatically increase the collection of well-characterized tissue samples to enable research efforts which seek to accelerate medical breakthroughs in the understanding, diagnosis and treatment of Lyme disease and other tick-borne infections.

Together, our combined efforts will help the larger community to better understand Lyme Disease as an emerging public health issue, and will aid in the development of new diagnostics and treatments in order to better serve our patient populations. Additionally, it provides a way to actively engage the patients suffering with this chronic disease so they may be part of finding the solution. Truly a patient-driven, patient-centered effort!

CONNECTING LYME DISEASE AND OSTEOPATHIC MANIPULATIVE TREATMENT (OMT)

RESEARCH

New evidence is being presented on how OMT can be a viable course of treatment for sufferers of Lyme Disease. To learn more about the benefits of OMT, refer to the OCC Fact Sheet handed out at the event or contact OCC at (619) 583-7611 or email admin@osteopathiccenter.org.

GIVING

As new research is underway, project funding is critical to collect as much evidence as possible. To support research efforts, you can give to Osteopathy's Promise to Children and become a philanthropic partner for OMT and Lyme Disease. Visit the OPC website at www.The-Promise.org.

SHARING

Lastly, help celebrate this new joint collaboration as a vital way our community sees improved patient outcomes. Share new efforts by following OPC on Facebook: www.Facebook.com/ThePromiseOPC.

ABOUT OSTEOPATHIC CENTER SAN DIEGO

Located in the heart of Kearny Mesa (also known as "health sciences mesa"), the Osteopathic Center San Diego (OCS D) is home to:

- Osteopathy's Promise to Children (OPC) – San Diego's leading continuing medical education, clinical training and research provider in the field of osteopathy. In addition, OPC operates Osteopathic Center San Diego and is the philanthropic arm of Osteopathic Center for Children.
- Osteopathic Center for Children (OCC) – Dr. Viola M. Frymann's beloved osteopathic medical clinic serving children and their families for over a half-century.
- Independent practice groups providing access to board-certified physicians who are committed to delivering highly personalized osteopathic medicine in an optimal setting for health and wellbeing.

OCS D solidifies its reputation as a premier osteopathic physician collaborative in San Diego County focused on optimizing patient-focused health care.





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ABOUT OSTEOPATHY

WHAT IS OSTEOPATHY?

Osteopathic medicine is a patient-focused approach to health care that takes into account every aspect of the patient, including his or her physical, personal, and spiritual well-being. Developed more than 130 years ago by Andrew Taylor Still, MD, DO, osteopathic medicine brings a unique philosophy to traditional patient care. Understanding that the body is more than just a sum of its parts, osteopathic physicians (DOs) assist the patient's innate capacity to heal by addressing the interrelationship of the body's nerves, muscles, bones and organs. Osteopathic physicians are licensed to prescribe medicine and practice in all medical and surgical specialties and subspecialties.

WHAT IS A DO?

Doctors of Osteopathic Medicine, or DOs, are fully licensed physicians who practice in all specialties of medicine and receive special training in the musculoskeletal system, including how to practice OMT or osteopathic manipulative treatment.

WHAT IS OMT?

OMT is a set of techniques that DOs apply with their hands to the body to help diagnose and treat illnesses and injuries. It can be used to complement or even replace other medical interventions like medications or surgery. Although most often considered for musculoskeletal pain (like neck and back pain), it can also be used to help many other conditions including asthma, constipation, sinus infections, headaches, and more.

WHAT IS OCMM?

OCMM is Osteopathic Cranial Manipulative Medicine is a type of OMT used to address issues in the head, including ear infections, sinus infections, headaches, dizziness, vision problems, and more.

Osteopathic Center San Diego was made possible through nearly three decades of strong philanthropic support generously given by many patients, individuals, and worldwide stakeholders – all committed to advancing osteopathy and the dream and legacy of Viola M. Frymann, DO, FAAO, FCA. All donations to Osteopathy's Promise to Children go directly toward funding its facility, research and educational programs. Thank you for your interest in our mission. Please consider making a gift today by visiting The-Promise.org/Giving.

Osteopathic Center San Diego is operated by Osteopathy's Promise to Children, a 501(c)(3) nonprofit organization. Tax ID: 33-0516906.

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