

# THE RULE OF THE ARTERY 1



**OSTEOPATHY'S  
PROMISE**  
TO CHILDREN

**Course Director: R. Paul Lee, DO, FAAO, FCA**  
**April 18-20, 2020**  
**Course Location: Hilton Garden Inn Mission Valley, San Diego, CA**

OSTEOPATHY'S PROMISE TO CHILDREN is excited to be hosting the Rule of the Artery courses again in 2020. In the last years, this course has been taught by three of our colleagues from Australia and New Zealand (Maxwell Fraval DO, Anthony Norrie DO, and Michael Solano B.App.Sc (Osteo)) who were instrumental in developing the course material they teach.

## COURSE DESCRIPTION

This course involves the investigation of the heart and vasculature and the fluid dynamics of the blood. Additionally the course explores the interface between the heart, the primary respiratory mechanism and the autonomic nervous system. Study of the cardiovascular system leads to the consideration of the heart as more than a pump. This course will explore the concept of the heart as a hydrodynamic and electromagnetic generator, qualities which are then imparted to the blood. The role of the heart in the integration of mind, body and spirit is also considered.

"This course developed from the desire to understand what it was that Dr. Still was talking about and what he was doing in his clinical practice. It led into an exploration of the first principal of Osteopathy as described by Dr. Andrew Taylor Still, 'The Rule of the Artery is Supreme.' The course involves the investigation of the heart and vasculature and the fluid dynamics of the blood. Additionally, the course explores the interface between the heart, the primary respiratory mechanism and the autonomic nervous system.

The study of the cardiovascular system leads to the consideration of the heart as more than a pump. This course will explore the concept of the heart as a hydrodynamic and electromagnetic generator, qualities which are then thought to be imparted to the blood. The role of the heart in the integration of mind, body and spirit is also considered."

*"Thus we find the heart to be the mother of all..."* Dr. Andrew Taylor Still

## COURSE OBJECTIVES

Andrew Taylor Still, MD, DO, the founder of Osteopathy, made the pronouncement, "The rule of the artery is universal." His student, William Garner Sutherland, DO said, "The rule of the artery is supreme; the CSF is in command." This course, developed by osteopaths in Australia and New Zealand, seeks to teach these principles and the requisite skills for Osteopaths to evince these truths using osteopathic palpatory diagnosis and treatment. The student of this course will learn:

1. How to palpate the flow of blood in the heart and arteries.
2. The quality of spiral flow and turbulent flow.
3. The embryology and anatomy of the cardiovascular system.
4. The routes of venous return and the quality of that palpated blood flow.
5. The anatomy of the lymphatics and palpating that flow.
6. The anatomy of the heart, lungs and mediastinum.
7. How the heart is a generator, the brain a battery, and the autonomic nervous system the intermediary.

## CME

Osteopathy's Promise to Children is accredited by the American Osteopathic Association to provide osteopathic continuing medical education for physicians. Osteopathy's Promise to Children designates this program for a maximum of 23.5 AOA Category 1-A credits and will report CME and specialty credits commensurate with the extent of the physician's participation in this activity. Approval is currently pending.

## SCHEDULE

### SATURDAY, APRIL 18, 2020

8:00am	Registration
8:15am	Introduction
8:30am	Osteopathy in the Blood 1
9:30am	Practicum
10:30am	Discussion in Small Groups
10:45am	Embryology and the Mediastinum
11:45am	Practicum
12:45pm	<b>LUNCH (provided)</b>
1:45pm	Embryology of the Heart
2:30pm	Practicum
3:30pm	Discussion in Small Groups
3:45pm	The Venous Return
4:30pm	Practicum
5:30pm	Adjourn

### SUNDAY, APRIL 19, 2020

8:30am	Review
8:45am	Osteopathy in the Blood 2
9:45am	Practicum
10:45am	Discussion in Small Groups
11:00am	The Living Matrix
11:45am	Practicum
12:45pm	<b>LUNCH (provided)</b>
2:00pm	The Heart as a Generator
2:45pm	Practicum
3:45pm	Discussion in Small Groups
4:00pm	Development of the Vasculature
4:45pm	Practicum
5:30pm	Adjourn

### MONDAY, APRIL 20, 2020

8:30am	Review
8:45am	Heart Lung Connection
9:30am	Practicum
10:30am	Discussion in Small Groups
10:45am	Vasculature as a Fulcrum
11:30am	Practicum
12:30pm	<b>LUNCH (provided)</b>
2:00pm	The Lymphatics
2:45pm	Practicum
3:45pm	Discussion in Small Groups
4:00pm	The Circle of Willis
4:45pm	Practicum
5:30pm	Adjourn

## TARGET AUDIENCE

DOs and MDs only.

## ELIGIBILITY REQUIREMENTS & PREREQUISITES TO ENROLL

Must show proof of satisfactory completion of a 40-hour Osteopathic Cranial Academy approved Basic/Intro cranial course from OPC, OCA or SCTF. Email proof of satisfactory completion of a 40-hour as stated to [cme@the-promise.org](mailto:cme@the-promise.org).

## REGISTRATION & ENROLLMENT FEE

<https://registration.the-promise.org>.

Enrollment fee is \$1250.00.

## COURSE LOCATION & LODGING

Hilton Garden Inn San Diego Mission Valley Stadium  
3805 Murphy Canyon Road, San Diego, CA 92123 (1/2 mile from OCSJ)  
Group Room Rate: \$159/night (limited space, available; book by March 27, 2020)  
Book online: <http://group.hiltongardeninn.com/Osteopathys-Promise-To-Children>

## COURSE CANCELLATION AND REFUND POLICY

By applying for this course, the applicant ("Applicant") agrees that the application fee is non-refundable and represents the administrative cost of determining the Applicant's eligibility ("Application Fee"). The application shall require the payment of the Application Fee and the registration fee for the cost of attending the course ("Registration Fee"). In the event an Applicant is denied admission to a specific course, the Registration Fee shall be refunded. An accepted Applicant shall be registered for the course and the registration fee payment shall be credited against the Registration Fee for the specific course. If after registration the Applicant desires to cancel his or her registration for the course, the Applicant must notify Osteopathy's Promise to Children ("OPC") of their CANCELLATION in writing, ("Notice of Cancellation"), at least fourteen (14) days prior to the initial start date for the course. If the Applicant timely and properly provides OPC with a Notice of Cancellation, OPC will issue a refund of the Registration Fee to Applicant. If OPC receives a Notice of Cancellation less than fourteen (14) days prior to the initial start date for the course, or an Applicant fails to attend the course, OPC will not issue a refund of the Registration Fee. In the event an Applicant attends the course but feels that the course did not provide the material or training advertised, an Applicant may request a refund of the Registration Fee. All such requests shall state the course name, date and times of Applicant's attendance and the specific reasons for the requested refund. The Applicant's inability to attend a portion of the course shall not constitute a valid reason for a refund. All refund decisions shall be made by the Executive Director, whose decision shall be final.

## LIABILITY RELEASE

This program may involve physical activity, including contact by and with faculty and other course participants. This physical activity, including but not limited to physical diagnostics and manual therapeutics, could possibly entail risk for course participants of new injury or aggravation of pre-existing conditions. All course participants acknowledge and agree to assume all responsibility and risk for all losses and damages, including but not limited to any bodily injury, death, and property damage, arising out of or incident to (i) attending the course, (ii) participating in the course, (iii) using equipment or facilities during the course, and (iv) using or misusing any knowledge or information obtained or derived from the course. All course participants acknowledge and agree to indemnify, defend, and hold harmless OPC, OPC's officers, directors, employees, agents, affiliates, licensors, partners, independent contractors, suppliers and subcontractors from and against all claims, actions, suits, proceedings, losses, obligations, damages including but not limited to any bodily injury, death, and property damage, liabilities, costs, debt and expenses, whether known or unknown, anticipated or unanticipated, arising out of or incident to (i) attending the course, (ii) participating in the course, (iii) using the equipment or facilities during the course, or (iv) using or misusing any knowledge or information obtained or derived from the course at or outside of the course location. OPC reserves the right, at course participant's expense, to assume the exclusive defense and control of any matter for which course participant is required to indemnify OPC and course participant agrees to cooperate with OPC's defense of these claims. Course participant agrees not to settle any matter without the prior written consent of OPC. OPC will use reasonable efforts to notify course participant of any such claim, action, suit, or proceeding upon becoming aware of it. It is the responsibility of all participants to use the information provided within the scope of their professional license or practice.

## STATEMENT OF PROFESSIONAL ETHICS & STANDARDS

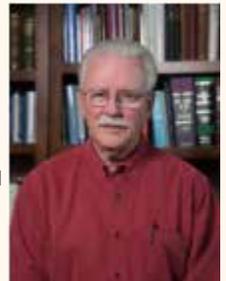
CME courses offered by Osteopathy's Promise to Children will foster an educational atmosphere of tolerance and mutual respect concerning gender, race, developmental challenges, sexual orientation, and professional background. Furthermore, these courses will adhere to the highest standards of osteopathic medicine's professional ethics especially in regard to patient, student, and physician faculty communication and interactions. This includes clear informed consent when participating in educational exercises, and only utilizing osteopathic techniques and practices designed to educate practitioners and/or compassionately and appropriately address patient suffering through osteopathic diagnosis, and treatment. Any deviation of these professional standards by physician faculty, staff, or student during a given course will not be tolerated.

## PLEASE NOTE:

Casual dress is encouraged for lab participation and comfort. In consideration of our faculty, students, and on-site patients, we kindly request that all participants and visitors please refrain from wearing perfumes, colognes or other strong fragrances while visiting our facility. Thank you in advance for your consideration and cooperation.

## COURSE DIRECTOR

R. Paul Lee DO, FAAO, FCA received his DO degree from the Kansas City University of Medicine and Biosciences in 1976. He completed a residency in OMM at the AT Still University College of Osteopathic Medicine in 1986. He is in a private general practice in Durango, CO in OMM. He is certified in Osteopathic Manipulative Medicine and Medical Acupuncture and holds the FAAO and FCA. He served on the Board of Directors of The Cranial Academy and Board of Governors of the American Academy of Osteopathy. He has been a faculty member for the Introductory Course, the Cranial Base Course as well as the Brain Parenchyma and Nuclei Course and the Next Step course offered by the Osteopathic Cranial Academy. He directed the Intro courses and the Bensoussan courses for the OCA. He also served as the course director for the Rule of the Artery courses in Glendale, AZ (2017) and Portland, OR (2018). He lectures to his colleagues in the United States, Australia, New Zealand, Europe, Asia and Canada. In 2005, Stillness Press published his book: *Interface: Mechanisms of Spirit in Osteopathy* in which he outlined a model explaining primary respiration in the tissues, based on principles of both spirit and matter.



## Core Faculty:

Maxwell Fraval, DO  
Anthony Norrie, DO  
Michael Solano, B.App.Sc (Osteo)

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FOUNDED BY VIOLA M. FRYMANN, DO, Osteopathy's Promise to Children and Osteopathic Center for Children are sister organizations working together to: provide osteopathic care for children; present educational programs for physicians and students interested in osteopathy; provide clinical training for students, Residents, and physicians interested in osteopathy; and conduct research related to osteopathic principles and practice at the Osteopathic Center San Diego.