

INTERMEDIATE CRANIAL COURSE: EXPANDING THE OSTEOPATHIC CONCEPT INTO THE CRANIAL FIELD



**OSTEOPATHY'S
PROMISE
TO CHILDREN**

Course originally developed by Viola M. Frymann, DO at Osteopathic Center for Children.

Course Directors: Raymond J. Hruby, DO, MS, FAAO and R. Mitchell Hiserote, DO May 3-5, 2019

COURSE DESCRIPTION

This course is intended for qualified practitioners who have successfully completed an approved (Osteopathy's Promise to Children, Osteopathic Cranial Academy, or Sutherland Cranial Teaching Foundation) 40-hour basic cranial course. During this course, topics taught in the basic cranial course will be briefly reviewed, and then expanded upon, including elements such as additional techniques, technique variations, direct and indirect approaches, and examples of clinical applications. Particular attention will be given to in-depth diagnosis and treatment of temporal bone and facial bone restrictions, cranial nerve entrapments, and the use of intra-oral techniques. Other topics include: treatment sequencing approaches, clinical pearls, how to incorporate osteopathic cranial manipulative medicine into clinical practice, practice management ideas, and a research update.

COURSE OBJECTIVES

After successful completion of this course, the participant will be able to:

1. Describe the whole-body nature of the primary respiratory mechanism (PRM);
2. Diagnose somatic dysfunctions affecting any of the five components of the PRM;
3. Develop a detailed and rational treatment sequence (osteopathic manipulative treatment prescription) for somatic dysfunctions of the PRM;
4. Perform more advanced OCMM techniques for these somatic dysfunctions, including, but not limited to, intraoral techniques, and facial and temporal bone techniques;
5. Apply cranial osteopathic manipulative medicine to a variety of clinical conditions; and
6. Describe the most up-to-date evidence base for cranial osteopathic manipulative medicine.

RECOMMENDED READING

Osteopathy in the Cranial Field, 1st Ed. by Harold Ives Magoun, DO.

CME

Osteopathy's Promise to Children (OPC) is accredited by the American Osteopathic Association to provide osteopathic continuing medical education for physicians. OPC designates this program for a maximum of 24 AOA Category 1-A CME credits and will report CME and specialty credits commensurate with the extent of the physician's participation in this activity. Approval is currently pending. This activity has been planned and implemented in accordance with the standards of the Academy of General Dentistry Program Approved for Continuing Education (PACE) through the joint program provider approval of ALF InterFACE Academy and Osteopathy's Promise to Children. ALF InterFACE Academy is approved for awarding FAGD/MAGD credit. AFG ID#378959.

TARGET AUDIENCE

Licensed DOs, MDs, DDSs, Qualified International DOs and MDs, United States DO and MD medical students in good standing.

SCHEDULE

FRIDAY, MAY 3, 2019

- 8:00am Course information
- 8:30am Palpating the PRM: forearm, vault, sacrum; sensing the whole-body nature of the PRM
- 9:30am SBS and quadrant diagnosis; treatment sequencing
- 10:30am **BREAK**
- 10:45am SBS and quadrant diagnosis; treatment of SBS strains; exaggeration, BMT
- 12:00pm **LUNCH (provided)**
- 1:00pm TMJ dysfunction -- an osteopathic view
- 3:00pm **BREAK**
- 3:15pm Temporal bone - direct and indirect approaches (Part 1)
- 5:30pm Adjourn

SATURDAY, MAY 4, 2019

- 8:00am Temporal bone - direct and indirect approaches, (Part 2)
- 10:00am **BREAK**
- 10:15am Viola's Imperative: Looking Beyond the Teeth Through the Comprehensive Perspective of Osteopathy
- 12:00pm **LUNCH (provided)**
- 1:00pm The Face
- 2:15pm **BREAK**
- 2:30pm Facial and intraoral techniques (Part 1)
- 4:30pm Collaboration, using 3D technology and its application in osteopathy and dentistry
- 6:00pm Adjourn

SUNDAY, MAY 5, 2019

- 8:00am Facial and intraoral techniques (Part 2)
- 10:00am **BREAK**
- 10:15am What does Osteopathic-Dental collaboration look like? (Part 1)
- 12:00pm **LUNCH (provided)**
- 1:00pm What does Osteopathic-Dental collaboration look like? (Part 2)
- 2:30pm Q&A; Review; Check heads
- 5:00pm Adjourn

Please note:

Casual dress is encouraged for lab participation and comfort. In consideration of our faculty, students, and on-site patients, we kindly request that all participants and visitors please refrain from wearing perfumes, colognes or other strong fragrances while visiting our facility. Thank you in advance for your consideration and cooperation.

ELIGIBILITY REQUIREMENTS & PREREQUISITES TO ENROLL

Prerequisite requires proof of one (1) APPROVED 40 HR cranial course (OPC, SCTF, OCA) and recommended three (3) years of applied OMM practice. Submit proof of eligibility to cme@the-promise.org for registration approval and online access code.

ENROLLMENT FEE

\$1,050 (USD). Includes CME credits, course manual and materials, daily continental breakfast and lunch, morning and afternoon snacks.

REGISTRATION AND ACCOMMODATIONS

<https://registration.the-promise.org>

Hilton Garden Inn, 3805 Murphy Road, San Diego, CA 92123 (1/2 mile from OCSD)
Contact: Edlyn Besek (858) 503-2545 | Edlyn.Besek@hgmissionvalley.com
Receive a special OPC discount rate of up to 15% off at time of booking.

COURSE CANCELLATION AND REFUND POLICY

By applying for this course, the applicant ("Applicant") agrees that the application fee is non-refundable and represents the administrative cost of determining the Applicant's eligibility ("Application Fee"). The application shall require the payment of the Application Fee and the registration fee for the cost of attending the course ("Registration Fee"). In the event an Applicant is denied admission to a specific course the Registration Fee shall be refunded. An accepted Applicant shall be registered for the course and the registration fee payment shall be credited against the Registration Fee for the specific course. If after registration the Applicant desires to cancel his or her registration for the course the Applicant must notify Osteopathy's Promise to Children ("OPC") of their CANCELLATION in writing, ("Notice of Cancellation"), at least fourteen (14) days prior to the initial start date for the course. If the Applicant timely and properly provides OPC with a Notice of Cancellation OPC will issue a refund of the Registration Fee to Applicant. If OPC receives a Notice of Cancellation less than fourteen (14) days prior to the initial start date for the course, or an Applicant fails to attend the course, OPC will not issue a refund of the Registration Fee. In the event an Applicant attends the course but feels that the course did not provide the material or training advertised, an Applicant may request a refund of the Registration Fee. All such requests shall state the course name, date and times of Applicant's attendance and the specific reasons for the requested refund. The Applicant's inability to attend a portion of the course shall not constitute a valid reason for a refund. All refund decisions shall be made by the Executive Director whose decision shall be final.

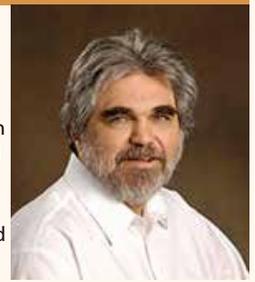
LIABILITY RELEASE

This program may involve physical activity, including contact by and with faculty and other course participants. This physical activity, including but not limited to physical diagnostics and manual therapeutics, could possibly entail risk for course participants of new injury or aggravation of pre-existing conditions. All course participants acknowledge and agree to assume all responsibility and risk for all losses and damages, including but not limited to any bodily injury, death, and property damage, arising out of or incident to (i) attending the course, (ii) participating in the course, (iii) using equipment or facilities during the course, and (iv) using or misusing any knowledge or information obtained or derived from the course. All course participants acknowledge and agree to indemnify, defend, and hold harmless OPC, OPC's officers, directors, employees, agents, affiliates, licensors, partners, independent contractors, suppliers and subcontractors from and against all claims, actions, suits, proceedings, losses, obligations, damages including but not limited to any bodily injury, death, and property damage, liabilities, costs, debt and expenses, whether known or unknown, anticipated or unanticipated, arising out of or incident to (i) attending the course, (ii) participating in the course, (iii) using the equipment or facilities during the course, or (iv) using or misusing any knowledge or information obtained or derived from the course at or outside of the course location. OPC reserves the right, at course participant's expense, to assume the exclusive defense and control of any matter for which course participant is required to indemnify OPC and course participant agrees to cooperate with OPC's defense of these claims. Course participant agrees not to settle any matter without the prior written consent of OPC. OPC will use reasonable efforts to notify course participant of any such claim, action, suit, or proceeding upon becoming aware of it. It is the responsibility of all participants to use the information provided within the scope of their professional license or practice.

COURSE DIRECTORS

Raymond J. Hruby, DO, MS, FAAO

graduated from the College of Osteopathic Medicine and Surgery in Des Moines, Iowa in 1973, is certified in OMM and family practice, and is a Fellow of the American Academy of Osteopathy. Retired as professor and chair of the Department of Osteopathic Manipulative Medicine at COMP, he continues consulting with the school's Department of NMM/OMM on teaching, research, curriculum analysis and development, new faculty mentorships and Predoctoral OMM Fellows. He is involved with WUHS's Interprofessional Education program, and lectures part-time in the Graduate School of Basic Medical Sciences, among others.



R. Mitchell Hiserote, DO

is a veteran director of introductory courses at Osteopathy's Promise to Children, a practicing osteopathic physician in Sebastopol, CA and Associate Professor/past Chairman of the Touro University California College of Osteopathic Medicine - Osteopathic Manipulative Medicine (OMM) Department. He is an alumnus of Western University College of Osteopathic Medicine in Pomona, CA and completed his post-graduate training at the Arrowhead Regional Medical Center in Colton, CA. Dr. Hiserote currently maintains board certification in Neuromusculoskeletal/ Osteopathic Manipulative Medicine from the American Osteopathic Board of Neuromuscular Medicine, Osteopathic Cranial Academy Certification of Proficiency, and is a Midwestern University -- Chicago College of Osteopathic Medicine Costin scholar. His first faculty position under the direction of Viola M. Frymann, DO began as an OMM teaching Fellow in 1995 and he has served in this role nearly annually since 2000. Additionally, he has served as faculty for osteopathy in the cranial field courses with the Sutherland Cranial Teaching Foundation, Osteopathic Cranial Academy (OCA) and Western University College of Osteopathic Medicine.



Faculty:

Theresa Cyr, DO

Julie Mai, DO

Darick Nordstrom, DDS

UPCOMING COURSES AT OPC

FOUNDATIONS OF OSTEOPATHIC CRANIAL MANIPULATIVE MEDICINE (40-HOUR BASIC COURSE)

Course Director:

R. Mitchell Hiserote, DO

July 17-21, 2019

OMT FOR SYSTEMIC DISORDERS AND PHYSIOLOGICAL FUNCTIONS: CARDIOPULMONARY AND IMMUNE SYSTEMS

Course Director:

Hollis H. King, DO, PhD, FAAO

September 7, 2019

CME@THE-PROMISE.ORG
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TO CHILDREN

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FOUNDED BY VIOLA M. FRYMANN, DO, Osteopathy's Promise to Children and Osteopathic Center for Children are sister organizations working together to: provide osteopathic care for children; present educational programs for physicians and students interested in osteopathy; provide clinical training for students, Residents, and physicians interested in osteopathy; and conduct research related to osteopathic principles and practice at the Osteopathic Center San Diego.