

OMT FOR SYSTEMIC DISORDERS AND PHYSIOLOGICAL FUNCTIONS: CARDIOPULMONARY AND IMMUNE SYSTEMS



**OSTEOPATHY'S
PROMISE**
TO CHILDREN

Course Director: Hollis H. King, DO, PhD, FAAO, FCA
September 7, 2019

COURSE DESCRIPTION

Since the inception of the osteopathic medical profession, osteopathic manipulative treatment (OMT) has been used for virtually every condition encountered by human beings. While the medical profession at large now accepts OMT as indicated for musculoskeletal disorders, there is ample research and practice demonstrating the efficacy of OMT in cardiopulmonary, neurologic, genitourinary, gastrointestinal, and immune system conditions and disorders. In this first of two stand-alone course sequences, we will draw on published research and a number of clinical trials in which Dr. King was a treatment provider and co-author of the publications. The evidence-based protocols and procedures used in the published studies will be reviewed and practiced.

COURSE OBJECTIVES

1. By the completion of the course, the participant will be able to describe the research substantiating the application of evidence-based OMT for systemic conditions and physiological functions. Handouts of relevant published articles will be provided.
2. By completion of the course, the participant will be able to assess the applicability of OMT procedures for their particular practice and integrate the care of their patients.
3. By the completion of the course, the participant will be able to effectively administer the OMT procedures taught.

CME

Osteopathy's Promise to Children (OPC) is accredited by the American Osteopathic Association to provide osteopathic continuing medical education for physicians. OPC designates this program for a maximum of 8 AOA Category 1-A CME credits and will report CME and specialty credits commensurate with the extent of the physician's participation in this activity. Approval is currently pending.

TARGET AUDIENCE

DOs, medical students in good standing, MDs, International Osteopaths and DDSs.

ELIGIBILITY REQUIREMENTS & PREREQUISITES TO ENROLL

No prerequisites required.

ENROLLMENT FEE

\$330 (USD). Includes CME credits, course manual and materials, daily continental breakfast and lunch, morning and afternoon snacks.

REGISTRATION & ACCOMMODATIONS

<https://registration.the-promise.org>

Hilton Garden Inn, 3805 Murphy Road, San Diego, CA 92123 (1/2 mile from OCSD)

Contact: Edlyn Besek (858) 503-2545 | Edlyn.Besek@hgimissionvalley.com
Receive a special OPC discount rate of up to 15% off at time of booking.

SCHEDULE

SATURDAY, SEPTEMBER 7, 2019

7:30am	Registration
8:00am	Welcome and Intro to Course and Osteopathic Tenets Underlying OMT
8:15am	Viscerosomatic Interactions: A Basis for Impact of OMT on Physiology and Nervous System
9:00am	Cardiac Disorders and Functions: Research and Lab practice of procedures
10:15am	Palpation Exercise I: Palpation of the Fluid Body
10:30am	Small Group Discussion
11:00am	Pulmonary Disorders and Functions: Research - Pneumonia and Asthma
12:00pm	LUNCH (provided)
1:00pm	Pulmonary Disorders and Functions: Research - Pneumonia and Asthma
2:00pm	Upper Respiratory, Sinus and Otitis Media Treatments: Lab
3:15pm	Small Group Discussion
3:30pm	Immune System: Research
4:00pm	Immune system: Lab
4:45pm	Review, Q&A
5:00pm	Adjourn

Please note:

Casual dress is encouraged for lab participation and comfort. In consideration of our faculty, students, and on-site patients, we kindly request that all participants and visitors please refrain from wearing perfumes, colognes or other strong fragrances while visiting our facility. Thank you in advance for your consideration and cooperation.

COURSE CANCELLATION AND REFUND POLICY

By applying for this course, the applicant ("Applicant") agrees that the application fee is non-refundable and represents the administrative cost of determining the Applicant's eligibility ("Application Fee"). The application shall require the payment of the Application Fee and the registration fee for the cost of attending the course ("Registration Fee"). In the event an Applicant is denied admission to a specific course the Registration Fee shall be refunded. An accepted Applicant shall be registered for the course and the registration fee payment shall be credited against the Registration Fee for the specific course. If after registration the Applicant desires to cancel his or her registration for the course the Applicant must notify Osteopathy's Promise to Children ("OPC") of their CANCELLATION in writing, ("Notice of Cancellation"), at least fourteen (14) days prior to the initial start date for the course. If the Applicant timely and properly provides OPC with a Notice of Cancellation OPC will issue a refund of the Registration Fee to Applicant. If OPC receives a Notice of Cancellation less than fourteen (14) days prior to the initial start date for the course, or an Applicant fails to attend the course, OPC will not issue a refund of the Registration Fee. In the event an Applicant attends the course but feels that the course did not provide the material or training advertised, an Applicant may request a refund of the Registration Fee. All such requests shall state the course name, date and times of Applicant's attendance and the specific reasons for the requested refund. The Applicant's inability to attend a portion of the course shall not constitute a valid reason for a refund. All refund decisions shall be made by the Executive Director whose decision shall be final.

LIABILITY RELEASE

This program may involve physical activity, including contact by and with faculty and other course participants. This physical activity, including but not limited to physical diagnostics and manual therapeutics, could possibly entail risk for course participants of new injury or aggravation of pre-existing conditions. All course participants acknowledge and agree to assume all responsibility and risk for all losses and damages, including but not limited to any bodily injury, death, and property damage, arising out of or incident to (i) attending the course, (ii) participating in the course, (iii) using equipment or facilities during the course, and (iv) using or misusing any knowledge or information obtained or derived from the course. All course participants acknowledge and agree to indemnify, defend, and hold harmless OPC, OPC's officers, directors, employees, agents, affiliates, licensors, partners, independent contractors, suppliers and subcontractors from and against all claims, actions, suits, proceedings, losses, obligations, damages including but not limited to any bodily injury, death, and property damage, liabilities, costs, debt and expenses, whether known or unknown, anticipated or unanticipated, arising out of or incident to (i) attending the course, (ii) participating in the course, (iii) using the equipment or facilities during the course, or (iv) using or misusing any knowledge or information obtained or derived from the course at or outside of the course location. OPC reserves the right, at course participant's expense, to assume the exclusive defense and control of any matter for which course participant is required to indemnify OPC and course participant agrees to cooperate with OPC's defense of these claims. Course participant agrees not to settle any matter without the prior written consent of OPC. OPC will use reasonable efforts to notify course participant of any such claim, action, suit, or proceeding upon becoming aware of it. It is the responsibility of all participants to use the information provided within the scope of their professional license or practice.

STATEMENT OF PROFESSIONAL ETHICS AND STANDARDS

The Osteopathic Center for Children and the Osteopathy's Promise to Children CME courses will foster an educational atmosphere of tolerance and mutual respect concerning gender, race, developmental challenges, sexual orientation, and professional background. Furthermore, these courses will adhere to the highest standards of osteopathic medicine's professional ethics especially in regard to patient, student, and physician faculty communication and interactions. This includes clear informed consent when participating in educational exercises, and only utilizing osteopathic techniques and practices designed to educate practitioners and/or compassionately and appropriately address patient suffering through osteopathic diagnosis, and treatment. Any deviation of these professional standards by physician faculty, staff, or student during a given course will not be tolerated.

MEET THE FACULTY

Course Director:

Hollis H. King, DO, PhD, FAAO,
FCA

Texas College of Osteopathic
Medicine, Fort Worth, TX. D.O.,
1983. Louisiana State University,
Baton Rouge, LA. Ph.D. in Clinical
Psychology, 1971. Trinity
University, San Antonio, TX. M.S. in Psychology, 1967. Duke
University, Durham, NC. B.A. in Psychology, 1965.



Dr. King is a Fellow of and Past-President of the American Academy of Osteopathy. He is certified in Family Medicine by the American Board of Osteopathic Family Physicians. He has served on the faculties of several colleges of osteopathic medicine and most recently was Osteopathic Family Medicine Residency Director at the University of Wisconsin-Madison. He is currently a Clinical Professor of Family Medicine at the University of California San Diego School of Medicine.

UPCOMING COURSES AT OPC

OMT FOR SYSTEMIC DISORDERS AND PHYSIOLOGICAL FUNCTIONS: CONSIDERATION FOR GASTROINTESTINAL, GENITOURINARY, NERVOUS SYSTEMS, HEADACHE AND GERIATRICS

Course Director:

Hollis H. King, DO, PhD

October 5, 2019

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OSTEOPATHY'S PROMISE
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FOUNDED BY VIOLA M. FRYMANN, DO, Osteopathy's Promise to Children and Osteopathic Center for Children are sister organizations working together to: provide osteopathic care for children; present educational programs for physicians and students interested in osteopathy; provide clinical training for students, Residents, and physicians interested in osteopathy; and conduct research related to osteopathic principles and practice at the Osteopathic Center San Diego.