

# ADVANCED EXPLORATIONS IN PEDIATRIC OSTEOPATHY: INNOVATIVE HEALING APPROACHES TO SUPPORT RAPID CHANGE IN THE CHILD



**Course Director: Shawn K. Centers, DO, FACOP**  
**February 14-17, 2019**

## COURSE DESCRIPTION

A clinically-based pediatric program will be presented, with daily therapeutic interactions between pediatric patients and their caregivers. The didactic portion will focus on relevant anatomy, physiology, conventional and innovative diagnostic and therapeutic approaches, along with their underlying principles and practice. Concepts and practice in patient and family interaction before, during and after treatment, will also be addressed. This is a program to enhance participants' skills, and invigorate their creative thinking in the field of Pediatric Osteopathic care. Clinicians dealing with children are increasingly called upon to advise and treat patients in regards to health approaches not commonly taught in undergraduate medical education. Viola M. Frymann spent most of her adult life investigating and perfecting these topics. The Pediatric Intensive Course explores a theoretical framework of Pediatric Osteopathy, based on Dr. Frymann's teachings, which enables physicians and health providers to evaluate the appropriate role of Pediatric Osteopathy, as complementary medicine, from both a traditional and scientific perspective.

## COURSE OBJECTIVES

Upon course completion, participants should be able to:

1. Describe the framework of Pediatric Osteopathy as practiced by Dr. Frymann and developed at the OCC as a complete mind-body-spirit healing system;
2. Describe how disordered body structure and strains within the dural and cerebrospinal system influence physical health and illness in children, including neurotransmitter, endocrine and immune changes;
3. Practice and recognize the role of cranial osteopathy and integrative pediatrics, in addressing the special needs of children;
4. Discuss the use of sensory input for healing, incl. the mechanisms behind their actions;
5. Describe the importance of healthy eating in prevention and management of common pediatric conditions, based on the work of Dr. Frymann;
6. Identify key nutritional strategies taught by Dr. Frymann, including use of nutritional and plant-based medicine, their indications, side effects, interactions and contraindications as well as evidence-based research; and
7. Utilize a detailed Osteopathic trauma/ irritant exposure history to formulate an individualized patient care treatment program that integrates osteopathic interventions such as diet (nutrition), manipulative treatment, play time, daily routine and practical integrative techniques for prevention and in the management of common medical conditions in the pediatric population.

## RECOMMENDED READING

*Osteopathy in the Cranial Field*, 1st Ed. by Harold Ives Magoun, DO.  
*Life in Motion*, by Rollin Becker  
*Principles of Osteopathy*, by A.T. Still

## CME

Osteopathy's Promise to Children (OPC) is accredited by the American Osteopathic Association to provide osteopathic continuing medical education for physicians. OPC designates this program for a maximum of 20 AOA Category 1-A CME credits and will report CME and specialty credits commensurate with the extent of the physician's participation in this activity. Approval is currently pending.

## TARGET AUDIENCE

DOs, medical students in good standing, MDs, International Osteopaths and DDSs.

**2019 COURSE SCHEDULE WILL BE ANNOUNCED SOON AND POSTED HERE.**

## COURSE DIRECTOR

Shawn K. Centers, DO, FACOP is the course director. He will speak on the importance of osteopathy in pediatrics. He is a graduate of Nova-Southeastern University College of Osteopathic Medicine. He is Board certified in Integrative Pediatrics. Dr. Centers completed a pediatric internship at Saint Barnabas Hospital of New York Hospital/ Cornell Medical Center, and a residency in Pediatrics at Children's Hospital of New Jersey, Saint Barnabas Healthcare System in Livingston, New Jersey. He currently practices as Chief Medical Officer for the Children's Hope Center in San Diego, CA. He is a fellow of the American College of Pediatrics, a distinguished fellow of the American Pediatrics Council and is a member of the American Council of Pediatric Specialists.



## Please note:

*Casual dress is encouraged for lab participation and comfort. In consideration of our faculty, students, and on-site patients, we kindly request that all participants and visitors please refrain from wearing perfumes, colognes or other strong fragrances while visiting our facility. Thank you in advance for your consideration and cooperation.*

## ELIGIBILITY REQUIREMENTS & PREREQUISITES TO ENROLL

Pre-requisite requires proof of one APPROVED 40 HR cranial course (OPC, SCTF, OCA) AND a minimum 4 years of experience in practice using primarily OMT. Submit proof of eligibility to [CME@The-Promise.org](mailto:CME@The-Promise.org) for registration approval and online access code.

## ENROLLMENT FEE

\$1,320 (USD). Includes CME credits, course manual and materials, daily continental breakfast and lunch, morning and afternoon snacks.

## REGISTRATION & ACCOMMODATIONS

<https://registration.the-promise.org>

Hilton Garden Inn, 3805 Murphy Road, San Diego, CA 92123 (1/2 mile from OCSD) Contact:

Edlyn Besek (858) 503-2545 | [Edlyn.Besek@hgimissionvalley.com](mailto:Edlyn.Besek@hgimissionvalley.com)

Receive a special OPC discount rate of up to 15% off at time of booking.

## COURSE CANCELLATION AND REFUND POLICY

By applying for this course, the applicant ("Applicant") agrees that the application fee is non-refundable and represents the administrative cost of determining the Applicant's eligibility ("Application Fee"). The application shall require the payment of the Application Fee and the registration fee for the cost of attending the course ("Registration Fee"). In the event an Applicant is denied admission to a specific course the Registration Fee shall be refunded. An accepted Applicant shall be registered for the course and the registration fee payment shall be credited against the Registration Fee for the specific course. If after registration the Applicant desires to cancel his or her registration for the course the Applicant must notify Osteopathy's Promise to Children ("OPC") of their CANCELLATION in writing, ("Notice of Cancellation"), at least fourteen (14) days prior to the initial start date for the course. If the Applicant timely and properly provides OPC with a Notice of Cancellation OPC will issue a refund of the Registration Fee to Applicant. If OPC receives a Notice of Cancellation less than fourteen (14) days prior to the initial start date for the course, or an Applicant fails to attend the course, OPC will not issue a refund of the Registration Fee. In the event an Applicant attends the course but feels that the course did not provide the material or training advertised, an Applicant may request a refund of the Registration Fee. All such requests shall state the course name, date and times of Applicant's attendance and the specific reasons for the requested refund. The Applicant's inability to attend a portion of the course shall not constitute a valid reason for a refund. All refund decisions shall be made by the Executive Director whose decision shall be final.

## LIABILITY RELEASE

This program may involve physical activity, including contact by and with faculty and other course participants. This physical activity, including but not limited to physical diagnostics and manual therapeutics, could possibly entail risk for course participants of new injury or aggravation of pre-existing conditions. All course participants acknowledge and agree to assume all responsibility and risk for all losses and damages, including but not limited to any bodily injury, death, and property damage, arising out of or incident to (i) attending the course, (ii) participating in the course, (iii) using equipment or facilities during the course, and (iv) using or misusing any knowledge or information obtained or derived from the course. All course participants acknowledge and agree to indemnify, defend, and hold harmless OPC, OPC's officers, directors, employees, agents, affiliates, licensors, partners, independent contractors, suppliers and subcontractors from and against all claims, actions, suits, proceedings, losses, obligations, damages including but not limited to any bodily injury, death, and property damage, liabilities, costs, debt and expenses, whether known or unknown, anticipated or unanticipated, arising out of or incident to (i) attending the course, (ii) participating in the course, (iii) using the equipment or facilities during the course, or (iv) using or misusing any knowledge or information obtained or derived from the course at or outside of the course location. OPC reserves the right, at course participant's expense, to assume the exclusive defense and control of any matter for which course participant is required to indemnify OPC and course participant agrees to cooperate with OPC's defense of these claims. Course participant agrees not to settle any matter without the prior written consent of OPC. OPC will use reasonable efforts to notify course participant of any such claim, action, suit, or proceeding upon becoming aware of it. It is the responsibility of all participants to use the information provided within the scope of their professional license or practice.

## UPCOMING COURSES AT OPC

### INTEGRATED OSTEOPATHIC DENTAL TEAM, PART 1: EXPANDING THE INTEGRATIVE TEAM APPROACH TO SLEEP DISTURBANCES (DENTAL COURSE)

Course Directors:

Julie Mai DO and Darick Nordstrom, DDS

March 1-2, 2019

### INTERMEDIATE CRANIAL COURSE: EXPANDING THE OSTEOPATHIC CONCEPT INTO THE CRANIAL FIELD

Course Directors:

Ray Hruby, DO, FAAO, MS and Darick Nordstrom, DDS

May 3-5, 2019

### FOUNDATIONS OF OSTEOPATHIC CRANIAL MANIPULA- TIVE MEDICINE (40-HOUR BASIC COURSE)

Course Director:

R. Mitchell Hiserote, DO

July 17-21, 2019

### OMT FOR SYSTEMIC DISORDERS AND PHYSIOLOGICAL FUNCTIONS: CARDIPULMONARY & IMMUNE SYSTEMS

Course Director:

Hollis H. King, DO, PhD, FACOP, FAAO

September 7, 2019

### OMT FOR SYSTEMIC DISORDERS AND PHYSIOLOGICAL FUNCTIONS: GASTROINTESTINAL & NERVOUS SYSTEMS

Course Director:

Hollis H. King, DO, PhD, FACOP, FAAO

October 5, 2019