

# THE MOTIONS, LIFE FORCES AND HEALING PROCESS: HOW TO WORK WITH THE DYNAMICS OF LIFE AND THE BREATH OF LIFE



**OSTEOPATHY'S  
PROMISE  
TO CHILDREN**

Course originally developed by Viola M. Frymann, DO.

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Osteopathic Center San Diego

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## REGISTRATION

<https://registration.the-promise.org>

## ENROLLMENT FEE

\$1,400 (USD). No CMEs provided. Includes course manual and materials, daily continental breakfast and lunch, morning and afternoon snacks. Course manual provided.

## ACCOMMODATIONS

Hilton Garden Inn, contact [Edlyn.Besek@hgimissionvalley.com](mailto:Edlyn.Besek@hgimissionvalley.com).

## TARGET AUDIENCE

DOs, MDs, DDSs and other qualified practitioners who have successfully completed an approved (Osteopathy's Promise to Children, Osteopathic Cranial Academy, or Sutherland Cranial Teaching Foundation) 40-hour basic cranial course.

## PREREQUISITE

Proof of 40-Hour Basic Course in Osteopathy in the Cranial Field taught by OPC, OCA or SCTF AND a minimum 4 years of experience in practice using primarily OMT. See Proof of Eligibility and Prerequisites Policy for Enrollment in CME courses on our website.

## COURSE DESCRIPTION

WE WORK EVERY DAY WITH THE LIVING. **This is what allows a technique to become a therapeutic intervention adapted to each person and their true nature.** Philippe Druelle, DO, DScO will give a fascinating seminar on the tools to communicate with the universal forces during a treatment with the presence of the Breath of Life and in relation to each person's truth. There will be different forms of technique application for children, adults and elderly patients. This workshop is focused on the perception of these life forces and their practical application through various experiences to come in resonance with the Breath of Life.

## COURSE OBJECTIVES

After successful completion of this course, the participant will be able to:

- Provide a succession of experiences to come in resonance with the universal forces and the patient;
- Increase the quality and perception of the therapist's inner state to dialogue with the universal forces and one of its manifestations: the Breath of Life;
- Propose useful tools and treatment methods to allow participants to properly integrate the universal forces within their daily practice; and
- Improve the therapist's clinical methodology by promoting the action of this natural and omnipresent power within their holistic osteopathic intervention.

## INTRODUCTION

Why is it important to dialogue with the LIVING? There is a proposal to compare the definition of the LIVING between our osteopathic tradition and other millennial traditions. How did our elders notice the presence of these forces and energies, and how did they begin working with them? The course will explore the similarities between the Prana, Chi and the Breath of Life. In addition, the follow topics will also be covered with relation to the Living: convergence with the contemporary quantum realm, interactions with the immune system, inflammation processes and emotional conflicts.

## PART I: INITIATION TO THE BREATH OF LIFE

Definition and comprehension of the Breath of Life (BOL), its visible and invisible manifestations in relation to traditional definitions of the PRM, the biodynamic force, the fulcrum, the Potency, the Long Tide, the Active Principle, Stillpoint, Stillness, Motion within the Motion and the Mind. What are their actions in the LIVING processes?

What is the BOL's role in the physical, mental, emotional and spiritual aspect of our life? How do these levels of expression come together in a single functional unit? What would be the common denominator between all ancient traditions, from which we could find all the necessary steps, a unique method to treat the patient in great depths?

Based on osteopathic principles, how do the universal forces combine within a living organism on a biomechanical, biodynamic and bioenergetic level? Would there be a governing principle a key applicable to all techniques? How does that relate to the internal workings of life: the motion within the motion, and the active principle? Is there a link with the personal Mind and universal Mind? How does it interact with the fulcrum of the present moment and the Universal fulcrum? How may we promote their expression to their fullest potential?

Practical applications:

1. Palpation development to come in resonance with the Breath of Life: Experiments to explore working from the motion within the motion, using the Mind and the present and universal Fulcrums, in relation to the Long Tide, Still point, Stillness and Active Principle, to come in resonance with the BOL.
2. Molding work: working from the form with and without the Breath of life for children and adults, differences and similarities.

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## PART II: USING THE INTERACTION OF THE BOL TO FIGHT MALADAPTIVE CEREBRAL, ABDOMINAL AND GENERALIZED INFLAMMATION

Using the resonance of the therapist with the universal forces, it is possible to interact with the fascia matrix, the dynamics of the fluids and liquids, the fields in an appropriate therapeutic intervention, applied to relieve the physiology from maladaptive inflammatory processes. Several strategic notions and key elements will be explored including:

- The functional and energetic synergy of the viscera. The BOL's interaction. The particularities for infants.
- The abdominal brain, the microbiome and how to promote healthy gut-brain dynamics using scientific discoveries through osteopathic care. Their impact on psychological, behavioral and learning disorders, as well as emotional imprints. How to address these conditions using the universal forces towards functional regeneration.
- The heart-brain interactions, electromagnetic fields and tissue regeneration. The vascular and energetic link of the heart to the brain, the cord and extremities; redefining their interactions with the central chain in chronic conditions to restore the expression of healing patterns and universal coherence.
- The thorax respiratory energetic interactions. Working from the life field to promote proper thoracic breathing synergy in relation to energetic forces and BOL. Explorations of possible applications for the thorax and brain, for infants and traumatic brain injury suffering patients.

Practical applications:

1. Visceral synergy work to enhance BOL interaction
2. Abdominal brain work to promote proper gut brain interaction
3. Vascular tree work from the heart in relation to universal forces.
4. \_\_\_\_\_ Energetic respiratory work and the thorax to promote BOL resonance

## PART III: ADVANCED METHODS

1. Methodology and specific therapeutic applications for infants with cerebral palsy, autism and Down syndrome.
2. Solutions for patients with traumatic brain injuries. The universal forces, ventricular dynamics and brain plasticity.
3. How to find the main dysfunctions using the Life Field. The anchor notion, preventing any sustainable recovery.
4. How to favor the action of the Breath of life with the central chain via plexus work: a comparison with the Chakras in other cultures as filters between the inner and outer milieu.
5. How to work on ourselves to become a more attuned instrument for our patients. The 5 keys to a Hearth Path. Meditation and Osteopathy, to better dialogue with universal forces.

**\*N.B. The advanced methods will be explored and practiced according to time restraints and participant's interests and availability.**

## CONCLUSION

Summary of notions and applications for our little patients and adults. Advices to best solicit the universal force and construct a treatment plan with its assistance. The hope that this osteopathic knowledge can bring to Humanity and to Osteopathic Natural Medicine.

## COURSE DIRECTOR

Philippe Druelle DO, DScO is a renowned osteopath and international speaker. He will be presenting at OCC for the 18th time to share his passion, knowledge, experience, and skills. Professor and founder of several osteopathic campuses in Canada and Europe, he is a pioneer in the application of the Osteopathic concepts to the endocranium and the dynamics of the ventricular network and brain, particularly in relations to traumatic brain injuries and other neurological disorders. He developed numerous techniques to restore the functions of the brain, the heart and the abdomen. He has also contributed in the fields of osteopathic pediatrics, gynecology and obstetrics. Involved in research for the past 20 years, he will share his knowledge and considerations during the seminar will present his vision of an osteopathic clinical methodology to offer an appropriate treatment for each patient, in relation to the universal forces. We are privileged to welcome him, to share his 36 years of experience on this amazing topic.



## COURSE CANCELLATION AND REFUND POLICY

By submitting an application for this course, the applicant (the "Applicant") agrees that fifteen percent (15%) of the total registration fee is a non-refundable administrative charge. If after submitting a course application the Applicant desires to cancel his or her registration, the Applicant must notify Osteopathy's Promise to Children ("OPC") in writing no less than fourteen (14) calendar days prior to the initial start date for the course. If Applicant timely and properly notifies OPC of its cancellation, OPC will issue a refund to Applicant in the amount of eighty-five percent (85%) of his or her total registration fee. If OPC receives a notice of cancellation less than fourteen (14) days prior to the initial start date for the course, OPC will not issue a refund. Unless Applicant timely and properly notices OPC pursuant to this policy, OPC will not issue a refund for an applicant's failure to attend the course.

## LIABILITY RELEASE

This program may involve physical activity, including contact by and with faculty and other course participants. This physical activity, including but not limited to physical diagnostics and manual therapeutics, could possibly entail risk for course participants of new injury or aggravation of pre-existing conditions. All course participants acknowledge and agree to assume all responsibility and risk for all losses and damages, including but not limited to any bodily injury, death, and property damage, arising out of or incident to (i) attending the course, (ii) participating in the course, (iii) using equipment or facilities during the course, and (iv) using or misusing any knowledge or information obtained or derived from the course. All course participants acknowledge and agree to indemnify, defend, and hold harmless OPC, OPC's officers, directors, employees, agents, affiliates, licensors, partners, independent contractors, suppliers and subcontractors from and against all claims, actions, suits, proceedings, losses, obligations, damages including but not limited to any bodily injury, death, and property damage, liabilities, costs, debt and expenses, whether known or unknown, anticipated or unanticipated, arising out of or incident to (i) attending the course, (ii) participating in the course, (iii) using the equipment or facilities during the course, or (iv) using or misusing any knowledge or information obtained or derived from the course at or outside of the course location. OPC reserves the right, at course participant's expense, to assume the exclusive defense and control of any matter for which course participant is required to indemnify OPC and course participant agrees to cooperate with OPC's defense of these claims. Course participant agrees not to settle any matter without the prior written consent of OPC. OPC will use reasonable efforts to notify course participant of any such claim, action, suit, or proceeding upon becoming aware of it. It is the responsibility of all participants to use the information provided within the scope of their professional license or practice.