

# A SEQUENTIAL APPROACH TO THE OSTEOPATHIC TREATMENT OF CHILDREN



**OSTEOPATHY'S  
PROMISE  
TO CHILDREN**

**Course Directors: Mary Anne Morelli Haskell, DO, FACOP, and Julie Mai, DO**

**October 13-14, 2017**

**Osteopathic Center San Diego**

**3706 Ruffin Rd. San Diego, CA 92123**

**(619) 548-8815, [cme@the-promise.org](mailto:cme@the-promise.org)**

## REGISTRATION

<https://registration.the-promise.org>

## CME

Osteopathy's Promise to Children (OPC) designates this program for a maximum of 16 Hours of AOA Category 1-A credits and will report CME and specialty credits commensurate with the extent of the physician's participation in this activity.

## ENROLLMENT FEE

\$750 (USD). Includes CME credits, course manual and materials, daily continental breakfast and lunch, morning and afternoon snacks.

## ACCOMMODATIONS

Hilton Garden Inn, contact [Edlyn.Besek@hgmissionvalley.com](mailto:Edlyn.Besek@hgmissionvalley.com).

## TARGET AUDIENCE

DO's, MD's, and DDS's with a 40 hour cranial course preferred.

## PREREQUISITE

This course assumes a strong background of education and training in the biomedical sciences and in the clinical observation and treatment of pathology in patients. One (1) 40-hour Basic Cranial Course is preferred. See Proof of Eligibility and Prerequisites Policy for Enrollment in CME courses on our website.

## COURSE DESCRIPTION

Children bring joy to our hearts with their laughter and resilient energy for life. Their inherent healing potential combined with the gift of early osteopathic treatments can create great rewards in optimal health and childhood development. What a gift it would be if all babies, children and adolescents had the benefit of early osteopathic intervention! Join us as we guide you through a journey of evaluating and treating children of all ages, from head to toe, through osteopathy. Many osteopathic techniques are modified for children, since they are not small adults. This course will prepare you to evaluate and address a child from birth through each developmental stage over a 6-8 week treatment plan from an osteopathic perspective. Topics include adapting treatments for children, gaining cooperation at various ages and stages, relieving the trauma of birth, and other common childhood dysfunctions. Our goal is helping each child reach their optimal potential through Osteopathy. The interest in the osteopathic approach to pediatrics continues to grow. With the significant rise in many pediatric issues such as flat heads, torticollis, autistic spectrum disorder, allergies, asthma, and developmental delay, many parents are finding that early osteopathic care improves their child's quality of life.

*Continued below.*

## SCHEDULE

### FRIDAY, OCTOBER 13, 2017

- 7:30am Registration
- 8:00am Welcome Remarks, How this course was conceived, Overview: Children Are Not Little Adults (Lecture)
- 9:00am The Birth Process & What You Need to Know (Lecture)
- 10:00am Small Group Discussion
- 10:15am Pediatric Respiratory Issues-Wheezes & Sneezes (Lecture)
- 11:00am Starting the Core Engine from Top to Bottom (Lab)
- 12:00pm **LUNCH (provided)**
- 1:00pm Osteopathic Approaches to Pediatric GI Issues (Lecture)
- 2:00pm Pediatric Temporal Bones Clinical Correlations-Ears (Lecture)
- 2:30pm Scapula Release, Ribs, & Abdomen Fascia (Lab)
- 3:15pm Small Group Discussion
- 3:30pm Clinical Issues: Autism, ADHD, Allergy & Autism (Lecture)
- 4:15pm OA Release, Temporals with SI, Feet (Lab)
- 5:00pm Pediatric Neurologic Development Influences of Vaccine, Video Games and Food
- 5:30pm Adjourn

### SATURDAY, OCTOBER 14, 2017

- 8:00am Q&A
- 8:30am Eye Anatomy & Clinical Correlations (Lecture)
- 9:00am Orbital technique (Lab)
- 9:45am Small Group Discussion
- 10:00am Pediatric Fascial System with Clinical Correlations (Lecture)
- 10:30am Ligamentum Nuchae, Cervical & Thoracic Fascia in Children (Lab)
- 11:15am Treatment of Children (Observational Lab)
- 12:15 pm **LUNCH (provided)**
- 1:15pm Pediatric Dental Issues (Lecture)
- 2:15pm Intra-oral Techniques (Lab)
- 3:00pm Small Group Discussion
- 3:15pm Hip, Knees & Feet with all their woes (Lecture)
- 3:45 pm Pediatric Osteopathic Research (Lecture)
- 4:45 pm Balancing Core Link (Lab)
- 5:30 pm Adjourn

### SUNDAY, OCTOBER 15, 2017 (OPTIONAL REGISTRATION)

- 8:00 am *Introduction to Plagiocephaly – What it is and is not (Lecture)*
- 8:45 am *The Process of Birth and Plagiocephaly (Lecture)*
- 9:30 am *Data Collecting and Monitoring Changes (Lecture)*
- 10:00 am *Small Group Discussion*
- 10:15 am *Plagiocephaly Measurements (Lab)*
- 11:15 am *Osteopathy vs. Cranial Helmet (Lecture) & Dentofacial Issues with Plagiocephaly*
- 12:15 pm **LUNCH (provided)**
- 1:15 pm *Empowering Parents in Plagiocephaly (Lecture)*
- 1:45 pm *Treatment Approach to Plagiocephaly (Lab)*
- 3:15 pm *Small Group Discussion*
- 3:30 pm *Relationship of the Cranial Bowl vs Pelvic Bowl (Lab)*
- 4:15 pm *Osteopathic Research on Plagiocephaly*
- 4:45 pm *Osteopathic Treatment of Plagiocephaly (Lab)*
- 5:30 pm *Adjourn*

Cont.

OPC's beginning and intermediate offerings on pediatric topics have been well-received and attended for the past 15 years. This course helps meet the need for quality medical training in this area.

### COURSE OBJECTIVES

Development and expansion of skills in the area of osteopathic structural evaluation and osteopathic manipulative medicine in the pediatric patient population.

1. Osteopathic evaluation and treatment of infants and children
2. Differences in anatomy and how they affect osteopathic treatment
3. Developing a sequential osteopathic treatment plan for a child
4. Adapting osteopathic treatment techniques to infants and children
5. Osteopathic approach to common pediatric issues
6. Enhance communication skills with the pediatric population
7. Strengthen skills in diagnosing developmental issues
8. Hands on practice sessions will enhance learning osteopathic techniques for treating children.

### COURSE CANCELLATION AND REFUND POLICY

By submitting an application for this course, the applicant (the "Applicant") agrees that fifteen percent (15%) of the total registration fee is a non-refundable administrative charge. If after submitting a course application the Applicant desires to cancel his or her registration, the Applicant must notify Osteopathy's Promise to Children ("OPC") in writing no less than fourteen (14) calendar days prior to the initial start date for the course. If Applicant timely and properly notifies OPC of its cancellation, OPC will issue a refund to Applicant in the amount of eighty-five percent (85%) of his or her total registration fee. If OPC receives a notice of cancellation less than fourteen (14) days prior to the initial start date for the course, OPC will not issue a refund. Unless Applicant timely and properly notices OPC pursuant to this policy, OPC will not issue a refund for an applicant's failure to attend the course.

### LIABILITY RELEASE

This program may involve physical activity, including contact by and with faculty and other course participants. This physical activity, including but not limited to physical diagnostics and manual therapeutics, could possibly entail risk for course participants of new injury or aggravation of pre-existing conditions. All course participants acknowledge and agree to assume all responsibility and risk for all losses and damages, including but not limited to any bodily injury, death, and property damage, arising out of or incident to (i) attending the course, (ii) participating in the course, (iii) using equipment or facilities during the course, and (iv) using or misusing any knowledge or information obtained or derived from the course. All course participants acknowledge and agree to indemnify, defend, and hold harmless OPC, OPC's officers, directors, employees, agents, affiliates, licensors, partners, independent contractors, suppliers and subcontractors from and against all claims, actions, suits, proceedings, losses, obligations, damages including but not limited to any bodily injury, death, and property damage, liabilities, costs, debt and expenses, whether known or unknown, anticipated or unanticipated, arising out of or incident to (i) attending the course, (ii) participating in the course, (iii) using the equipment or facilities during the course, or (iv) using or misusing any knowledge or information obtained or derived from the course at or outside of the course location. OPC reserves the right, at course participant's expense, to assume the exclusive defense and control of any matter for which course participant is required to indemnify OPC and course participant agrees to cooperate with OPC's defense of these claims. Course participant agrees not to settle any matter without the prior written consent of OPC. OPC will use reasonable efforts to notify course participant of any such claim, action, suit, or proceeding upon becoming aware of it. It is the responsibility of all participants to use the information provided within the scope of their professional license or practice.

### COURSE DIRECTORS

**Dr. Mary Anne Morelli Haskell** is a 1988 graduate of the College of Osteopathic Medicine of the Pacific. After an internship in general medicine, she completed pediatric residency at Loma Linda University Medical Center. Dr. Haskell practiced with Dr. Viola Frymann for 13 years and was the President of the Osteopathic Center for Children before opening her own pediatrics practice in Coronado, California in 2005. She has lectured nationally and internationally in the field of pediatric osteopathy for over 23 years. An avid student of osteopathy, homeopathy and integrative medicine, Dr. Haskell creates a unique blend of integrative osteopathic pediatrics. Dr. Haskell is a member of the AOA, OCA, and AAO. She serves as teaching faculty for OPC, OCA, and is adjunct faculty at COMP.



**Dr. Julie Mai** graduated from Touro University College of Osteopathic Medicine in 2005. After her traditional Osteopathic Internship, she worked and taught along with Dr. Viola Frymann at the Osteopathic Center for Children for numerous years. In addition, she had numerous training with Philippe Druelle D.O. from Canada. Dr. Mai achieved a Certification of Proficiency from the Osteopathic Cranial Academy and a Diploma in Clinical Homeopathy from the CEDH. She currently has a private OMM practice in Solana Beach and a second private OMM practice in Orange County. She currently serves on the Board of Director of the Osteopathic Center for Children and is a member of the Osteopathic Cranial Academy, AOA, and AAO.



### CORE FACULTY:

Kathryn Gill, MD  
Theresa Cyr, DO  
Hollis H. King, DO, PhD, FAAO, FCA

### UPCOMING COURSES AT OPC

#### ADVANCED SEQUENTIAL APPROACH TO PEDIATRIC PLAGIOCEPHALY

Course Directors:

Mary Anne Morelli Haskell, DO, FACOP  
Julie Mai, DO

**October 15, 2017**

#### ADVANCED EXPLORATIONS IN PEDIATRIC OSTEOPATHY: INNOVATIVE HEALING APPROACHES TO SUPPORT RAPID CHANGE IN THE CHILD

Course Director:

Shawn K. Centers, DO, FACOP  
**November 16-19, 2017**

*(Click here to view our entire course calendar)*

CME@THE-PROMISE.ORG  
THE-PROMISE.ORG



OSTEOPATHY'S PROMISE  
TO CHILDREN

3706 Ruffin Rd.  
San Diego, CA 92123  
(619) 548-8815

**FOUNDED BY VIOLA M. FRYMANN, DO**, Osteopathy's Promise to Children and Osteopathic Center for Children are sister organizations working together to: provide osteopathic care for children; present educational programs for physicians and students interested in osteopathy; provide clinical training for students, residents, and physicians interested in osteopathy; and conduct research related to osteopathic principles and practice at the Osteopathic Center San Diego.