

A.T. STILL'S APPROACH TO THE FOOT AND ANKLE



**OSTEOPATHY'S
PROMISE**
TO CHILDREN

Course Directors:

Rue Tikker, DPM and Charles Beck, DO, FAAO

February 17-18, 2018

Osteopathic Center San Diego

3706 Ruffin Rd. San Diego, CA 92123

(619) 548-8815, cme@the-promise.org

REGISTRATION

<https://registration.the-promise.org>

CME

Osteopathy's Promise to Children (OPC) designates this program for a maximum of 12 Hours of AOA Category 1-A credits and will report CME and specialty credits commensurate with the extent of the physician's participation in this activity.

ENROLLMENT FEE

\$525 (USD). Includes CME credits, course manual and materials, daily continental breakfast and lunch, morning and afternoon snacks.

PREREQUISITES

None.

ACCOMMODATIONS

Hilton Garden Inn

3805 Murphy Canyon Road, San Diego, CA 92123.

Contact: Edlyn.Besek@hgimissionvalley.com

(0.5 miles from course location)

TARGET AUDIENCE

DOs and MDs who perform manipulation on anyone who owns a pair of feet.

COURSE DESCRIPTION

Rue Tikker, DPM was trained by and worked for John Martin Hiss, MD, DO. Early in Dr. Hiss' osteopathic career, he fell off a horse and sustained a severe ankle sprain. He traveled to Kirksville to get treated and work out the mechanics of foot and ankle injuries with Dr. Still. Dr. Hiss went on to open the largest foot and ankle clinic in the world in Los Angeles. Dr. Tikker learned from Dr. Hiss and worked for him for years. Continuing Dr. Hiss' work, Dr. Tikker has treated over 300,000 patients in his 55 year career. He is a true gem and the closest living link we have to AT Still's foot and ankle work. Course manual will be provided.

COURSE OBJECTIVE

To learn how to diagnose and treat common mechanical foot ailments.

SCHEDULE

SATURDAY, FEBRUARY 17, 2018

8:00 am Lecture: Introductions

8:10 am Lecture: History

8:30 am Lecture: Anatomy of the foot and ankle

9:30 am Lab: Palpation of surface anatomy/motion testing diagnosis

10:00 am Small group discussion

10:15 am Lecture/Lab: Treatment of ankle sprain injuries

12:00 pm **LUNCH**

1:00 pm Lecture/Lab: Treatment of chronic ankle and foot injuries

3:00pm Small group discussion

3:15pm Lecture/Lab: Managing the foot/ankle injury patient

5:00pm Adjourn

SUNDAY, FEBRUARY 18, 2018

8:00 am Review

8:30 am Lecture/Lab: Taping foot and ankle injuries

10:00 am Small group discussion

10:15 am Lecture/Lab: Injections for foot and ankle injuries

11:30 am Review

12:00 pm Adjourn

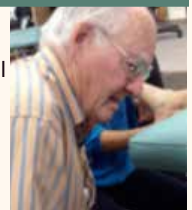
COURSE DIRECTORS

Rue Tikker, DPM, will highlight the historical significance of eight manual techniques he learned from John Martin Hiss, DO, a student of Andrew Taylor Still, MD, DO. A brief review of the pertinent anatomy and physiology of the foot and ankle will follow.

During the hands-on portion, Dr. Tikker will teach the eight techniques to participants. Upon completion, participants should be able to perform these eight techniques on patients, explain the clinical relevance of performing these techniques and appreciate their historical significance. .

Charles Beck, DO, FAAO, graduated from the Pikeville College School of Osteopathic Medicine in 2004. Taught by Edward G. Stiles, DO, FAAO, Dr. Beck was given an excellent foundation for learning OMM and is the first resident in osteopathic manipulation in the history of Westview Hospital and Indiana. He teaches and presents in the US, Australia, Ukraine, and New Zealand, where he works yearly as a locum osteopath.

A published author and researcher, he is proficiency-certified in Cranial Osteopathy and is a Fellow with AAO. He founded Osteopathic Vision in 2007 after completing his residency and enjoys spreading his "vision" of osteopathy to patients and colleagues.

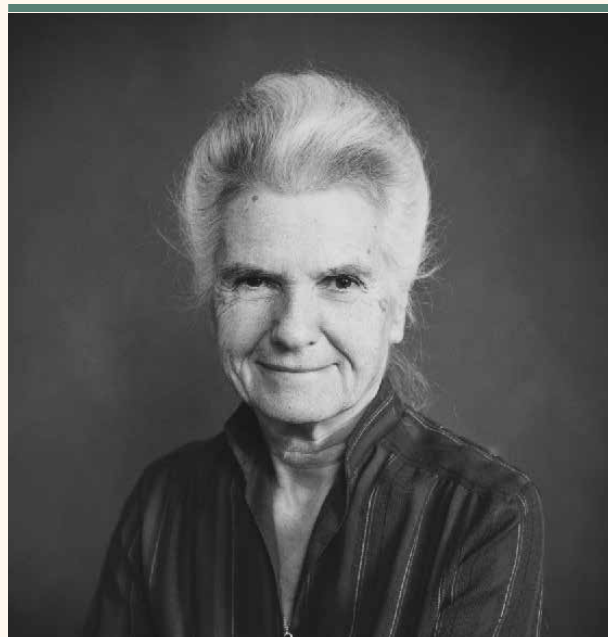


COURSE CANCELLATION AND REFUND POLICY

By submitting an application for this course, the applicant (the "Applicant") agrees that fifteen percent (15%) of the total registration fee is a non-refundable administrative charge. If after submitting a course application the Applicant desires to cancel his or her registration, the Applicant must notify Osteopathy's Promise to Children ("OPC") in writing no less than fourteen (14) calendar days prior to the initial start date for the course. If Applicant timely and properly notifies OPC of its cancellation, OPC will issue a refund to Applicant in the amount of eighty-five percent (85%) of his or her total registration fee. If OPC receives a notice of cancellation less than fourteen (14) days prior to the initial start date for the course, OPC will not issue a refund. Unless Applicant timely and properly notices OPC pursuant to this policy, OPC will not issue a refund for an applicant's failure to attend the course..

LIABILITY RELEASE

This program may involve physical activity, including contact by and with faculty and other course participants. This physical activity, including but not limited to physical diagnostics and manual therapeutics, could possibly entail risk for course participants of new injury or aggravation of pre-existing conditions. All course participants acknowledge and agree to assume all responsibility and risk for all losses and damages, including but not limited to any bodily injury, death, and property damage, arising out of or incident to (i) attending the course, (ii) participating in the course, (iii) using equipment or facilities during the course, and (iv) using or misusing any knowledge or information obtained or derived from the course. All course participants acknowledge and agree to indemnify, defend, and hold harmless OPC, OPC's officers, directors, employees, agents, affiliates, licensors, partners, independent contractors, suppliers and subcontractors from and against all claims, actions, suits, proceedings, losses, obligations, damages including but not limited to any bodily injury, death, and property damage, liabilities, costs, debt and expenses, whether known or unknown, anticipated or unanticipated, arising out of or incident to (i) attending the course, (ii) participating in the course, (iii) using the equipment or facilities during the course, or (iv) using or misusing any knowledge or information obtained or derived from the course at or outside of the course location. OPC reserves the right, at course participant's expense, to assume the exclusive defense and control of any matter for which course participant is required to indemnify OPC and course participant agrees to cooperate with OPC's defense of these claims. Course participant agrees not to settle any matter without the prior written consent of OPC. OPC will use reasonable efforts to notify course participant of any such claim, action, suit, or proceeding upon becoming aware of it. It is the responsibility of all participants to use the information provided within the scope of their professional license or practice.



Dr. Viola M. Frymann, DO, FAAO, FCA
1921-2016

"... It has always been my belief that if the curriculum is strong enough, you should be able to take the most medically oriented student and convince him of the validity and power of osteopathic medicine by the end of their training."

Source: Frymann, Viola. New Beginnings for DOs in California." Interview by Michael Seffenger. UCI Libraries. University of California Irvine, 16 Oct. 2008. Web. 19 Feb. 2016.

UPCOMING COURSES AT OPC

ADVANCED PEDIATRICS COURSE

Course Director:

Shawn K. Centers, DO, FACOP

Summer 2018 - Check website for dates.

OMT FOR SYSTEMIC DISORDERS AND PHYSIOLOGICAL FUNCTIONS: CARDIOPULMONARY AND IMMUNE SYSTEMS

Course Director:

Hollis H. King, DO, PhD

Fall 2018 - Check website for dates.

OMT FOR SYSTEMIC DISORDERS AND PHYSIOLOGICAL FUNCTIONS: GASTROINTESTINAL AND NERVOUS SYSTEMS

Course Director:

Hollis H. King, DO, PhD

Fall 2018 - Check website for dates.

INTERMEDIATE & ADVANCED PEDIATRICS COURSES

Course Directors:

Mary Anne Morelli Haskell, DO, FACOP

Julie Mai, DO

Winter 2018 - Check website for dates.